

November  
2004  
December

# Caloosa Chronicles

Bi-monthly publication of the Caloosa Riders Bicycle Club  
of Lee County, Florida  
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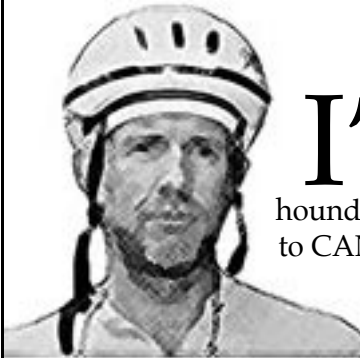
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## CANDISC

By Tom Hauser



I'd planned on riding to Garrison, ND, but instead I got drafted into some farm work on my uncle's farm in eastern Iowa. So at the last minute I had to catch a Greyhound Bus to Bismarck (actually, 4 different buses), and ride 70 miles to CANDISC. Bill Garrison was already there but when I asked where Jeff was, he told me to sit down. It seems Jeff had yet another girl friend and couldn't come up. Jeff collects girl friends/wives like I collect bicycles. Only difference is that I keep all my bikes. Since Jeff had prepaid registration and I hadn't registered yet, I became Jeff Brim for 6 days. That is, Jeff was kidnapped and transmorphadated to ND and Tom Hauser mysteriously disappeared.

Well, Jeff had a pretty good ride. No mechanicals, no flats, no crashes, but lots of hills, 1 1/2 days of rain, and a big headwind on the mountain stage. The SAG wagon was perpetually full and totally booked days in advance. However, CANDISC is a very well organized ride and nobody complains.

Jeff did poorly on downhills, maybe because he rode an old touring big bike with a handlebar bag and small front panniers on the rear rack (for tools and raingear), but he redeemed himself on Killdeer Mountain. By getting a fast start, staying in the tuck position, not touching the brakes, and using the whole road (there were no cars) to compensate for the gusty head and side winds, he made it to 45 mph and passed lots of ashen faced cyclists with death grips on their brakes.

At the end of day 6, Jeff was transmorphadated back to Ft. Myers (hope his sweetie wasn't mad) and Tom reappeared. (I don't know what I was doing those 6 days.)

I rode the Lewis and Clark route south along the Missouri River to Iowa and then across Iowa to the farm. The first 2 days on the west side of the river were kinda scenic with buttes and mesas, badlandlike. But when I crossed the river, it was all agriculture. Bubba (of Bubba's Pampered Cyclists fame) described riding across the prairie as "wheat, wheat, wheat, corn, corn, corn, beans, beans, beans. Two other things were constant; a NW wind (I was going south and east) and it was flat. Well, except for the Loess hills of W. Iowa. The long moderately steep grades really slowed me down. I went from the big chain ring, past the middle ring, clear down to small. But after about 50 miles, it was flat again. I made the 900 miles in 7 days, but the last 2 mornings were real shockers - temperatures in the 40's. I mean this is Iowa and August! Fortunately I brought gloves and leg warmers. My clothes pannier was empty those 2 mornings. The only way I could get out of my sleeping bag was to convince myself there was a convenience store just down the road with lots of hot coffee, which, of course, turned out to be false. In fact, the last night I had to stop several times to put on more clothes. Finally I gave up, pitched my tent, and jumped into my sleeping bag. I turned on my radio and heard that Charley just hit Punta Gorda.

# Ride Schedule and Meeting Dates

All Sunday rides will leave from Bell Tower in Ft. Myers, Buckingham Park on Buckingham Road, or Pelican Park in Cape Coral. All Saturday rides will leave from Buckingham Park on Buckingham Road east of S.R. 82. Ride start is 8:00 a.m.

All Riders: Download ride maps before club rides. Maps to all rides can be found on the club's website: [www.caloo-sariders.com](http://www.caloo-sariders.com). Only new riders will be given maps at the ride start. Rides leave at 8:00 a.m unless otherwise noted. All rides are between 30 and 40 miles unless otherwise noted.

November 2004		
Sat, 11/06/04	Alva Special	John V., 369-1260
Sat, 11/06	Short & Sweet 15 Mile Ride	Linda, 454-5081
Sat, 11/13	Gateway Special	Dale Van Netta, 768-0574
Sat, 11/13	Short & Sweet 15 Mile Ride	JoAnne, 936-1508
Sat, 11/20	Greenbriar	Jeff Brim, 939-7263
Sat, 11/20	Short & Sweet 15 Mile Ride	Shirley, 540-1260
Sat, 11/27	I Like Ike	Ron Cox, 334-7530
Sat, 11/27	Short & Sweet 15 Mile Ride	Millie, 549-1366
December 2004		
Sat, 12/04	Golfview	Alan Byerly, 437-1608
Sat, 12/04	Short & Sweet 15 Mile Ride	Linda, 454-5081
Sat, 12/11	Greenbriar	Dale Sterz, 540-1260
Sat, 12/11	Short & Sweet 15 Mile Ride	Shirley 540-1260
Sat, 12/18	Gateway Special	Tom Hauser, 997-7603
Sat, 12/18	Short & Sweet 15 Mile Ride	Jackie, 542-2382
Christmas Day - No organized Ride		
January 2005		
Sat, 1/01/05	I like Ike	Wayne, 936-1058
Sat, 1/01/05	Short & Sweet 15 Mile Ride	JoAnne, 936-1058

## Turkey Leg Century

Friday, November 26

Start - Royal Palm Square  
8:00 a.m.

Ride to Gordon's Pass in Naples or turn around anywhere inbetween. Call Jeff Brim at 939-7263 for more info.

## Tuesday & Thursday Rides

Pelican Park, Cape Coral, 8:00 a.m.

*Notice: Ride start changes on November 9 to Cay West Parking Lot which is on Cape Coral Parkway west of Chiquita. Look for the blown out sign.*

The group rides various routes through Cape Coral. Mileages vary between 20 and 50 miles. Some of the riders maintain a conversational pace (12 - 15 mph) while others ride much faster.

## Wednesday Ride

Summerlin and Colonial in Ft. Myers

8:00 a.m. The ride follows the Summerlin Bike Path. This is a fairly intense ride with average speeds being far above a conversational pace.

## Sunday Rides

Bell Tower: Racers meet at 7:30 a.m. This ride is for expert riders interested in racing.

Buckingham/Lehigh: 8:00 a.m. Lehigh area. Pace: 17-18 mph, distance 25 -35 miles, no stops. Contact Gerry Venema -694-6757. (A shortened version is done by 9:30)

Pelican/Cape Coral: 8:00 at Pelican Park on Pelican Blvd, north of Cape Coral Parkway. Pace:12 to 20+ for 26 to 35 miles.

## Future Meetings

Thursday, November 18

**Christmas Party is Saturday, December 4**

All meetings are held at Lee Memorial Hospital Auditorium. The Auditorium faces Cleveland and is identified with BIG letters above the door.

The highlight of the meeting is the pot-luck supper. Bring a dish to share.

The Christmas Party is at Reflection Lakes Club House. See the article on Page 3.

## Saturday Breakfast

Many of the club members meet for breakfast at Franke's on Fowler, north of Winkler. All riders are welcome.

# Caloosa Riders Christmas Party

by Richard Beck

Mark your calendars for December 4, at 6:30 PM in the Reflection Lakes Clubhouse. The Caloosa Riders will once again sponsor the end of the year, Christmas Party. As in previous years, we will provide turkey and ham platters, but we need your help to round out the party with side dishes and deserts. As always the party is BYOB and will conclude with our own special present swap which has always provided so much fun. So bring a dish and one or two presents to swap. If you have the time come about an hour early to help set up or plan to stay an hour to help clean up. This is your Club's party. Please contact Sharon Beck at 481.6999 by November 20th if you plan to help out and to let us know that you are coming. Leave a message of how many people you are bringing so we have an idea how many turkeys and hams to order. See you there.

## Club Member Discounts

These Businesses will give members a 10% discount on non-sale items. Bicycles excluded.  
Present your membership card.

Paradise Bicycles  
1712 Del Prado  
Cape Coral  
239-772-2453

The Naples Cyclery  
813 Vanderbilt Road  
Naples 34108  
239-566-0600

A.J. Barnes Bicycle Emporium  
15248 S. Tamiami Trail  
Ft. Myers  
239-437-0373

The Naples Cyclery  
27820 S. Tamiami Trail  
Bonita Springs, 34134  
239-949-0026

The Bike Route  
14530 US 41 South  
Ft. Myers  
239-481-3376

Clint's Bicycle Shoppe of Naples  
8789 Tamiami Trail N.  
(Marketplace at Pelican Bay)  
Naples  
239-566-9620

Ft. Myers Schwinn  
3630 Cleveland  
Ft. Myers  
239-939-2899

Hearing Aid Services  
McGregor Point Shopping Center  
239-433-2060  
Bonita Springs  
947-2222

Wooley's Bikeland  
1025 Tamiami Trail  
N. Ft. Myers  
239-997-3111

Mother Earth Natural Foods  
Cape Coral  
Ft. Myers  
S. Ft. Myers  
Claire Pedersen, Mgr.

Cape Coral Bicycles  
8 Del Prado Blvd. S.  
239-242-2453

University QuickPrint  
4425 Del Prado Blvd.  
Cape Coral, FL 33904  
239-542-1020

Trikes & Bikes  
3451 Fowler St.  
Ft. Myers  
239-936-1851

# “RANDONNEUR”? “RANDONNEUSE”? “RANDONNEE”?

by Mike Grussmeyer

There is no direct English translation of the French term “randonnee”, loosely translated, “To go on a long trip on foot or bicycle”. A person who goes on a “randonnee” is called a “randonneur” (male), “randonneuse” (female), but in America we tend to lump everything together and call both sexes “Randonneur”. In cycling, it means a hard-riding enthusiast who is trying to complete a long randonnée within a certain time allotment. Note that a randonnee is not a race. It is not uncommon for the last finishers to get as much applause as the first. Indeed there is much camaraderie in randonneuring. One does it to test oneself against the clock, weather, and a challenging route, but not to beat the other riders.

Randonneuring stresses self-sufficiency. Help can only be given at checkpoints or controls along the route, however randonneurs are free to buy food, supplies, or bike repairs at any stores they encounter along the route.

Once riders have successfully completed a 200-kilometer “randonnee” or “BREVET...pronounced Brev vay, they are entitled to be called a “randonneur” or “randonneuse”.

Brevet in French means a “certificate” or “diploma”. Randonnee’s are frequently called a “Brevet”, which is typically a challenging 200km, 300km, 400km, 600km, 1000km, or 1200km (kilometer) ride, each with a specific time limit. The randonneur carries a Brevet card (certificate), which is signed and stamped at each checkpoint (control) along the way to prove they have successfully completed the distance. The shortest Brevet is a 200km (125 miles) and is an entry point for those looking for a challenge greater than our standard centuries, the longest is the 1200km (720 miles plus) done in 90 hours or less with little rest or time to waste. One must qualify for the longer 1000km and 1200km rides by doing a series of four brevets, a 200km, 300km, 400km, and a 600km all within one calendar year.

Those interested in doing the brevets for certification or awards will join RUSA, Randonneurs USA, a national organization whose goals are to promote randonneuring in the US and to provide services to randonneurs. You do not have to

be a member of RUSA to participate in the brevets. Some just ride the first two or three distances to prepare for double centuries or 24 hours at Sebring. RUSA doesn’t actually organize any rides, but rather coordinates the brevets of the Regional Brevet Administrators (RBAs) and clubs that sponsor them. RUSA acts as the interface between the Audax (pronounced Oh-docks) Club Parisien in France and the American riders and RBAs.

We ride at night on the longer brevets, and it is necessary to have two forms of headlights, a Primary Headlight bright enough to see the road ahead, and a Secondary smaller one used to be seen by motorists, and two taillights, one used as Primary, the other as backup. Many of you already have a headlight and taillight which would serve as secondary lights, so there would be a saved expense. The 200km brevet usually starts and finishes in daylight. If you are planning to ride the brevets do the 200km, bring what lighting you have, and come see the lighting systems of the seasoned riders before purchasing lights for the next brevet. All other distances require lighting. All bikes and lights are inspected the evening before the event

The Florida Freewheelers of Orlando are the sponsoring club for the brevets held in the South Central Region of Florida.

For further information on Brevets, contact Michael E. Grusse-meyer, RBA for South Central Florida, and Brevet Director of The Florida Freewheelers at: e:mail RBACentralFlorida@bike4one.com Phone number 239-549-7459 or the Brevet Web Site <http://www.bike4one.com/brevets/> for information on RIDE SCHEDULES and QUE SHEETS, BIKE EQUIPT., LIGHTING, GPS, etc. The RUSA web site. [www.rusa.org](http://www.rusa.org) for further information on brevets nationwide, history, and membership.

\*All information in this article is taken from the RUSA Handbook Frequently Asked Questions section and has been re-organized, paraphrased, and embellished by Michael E. Grusse-meyer, RBA South Central Florida.

## 2005 BREVET SCHEDULE, SOUTH CENTRAL FLORIDA

Clermont, Florida will be the starting point for these events in order to take advantage of the hills in surrounding counties. The Holiday Inn Express will be the Host Motel. It has 70 rooms, but is full most of the year. In most cases they are full 30 to 60 days out. Book now, you can always cancel 24hrs before date. Call 352-243-7878 for reservations,

200km (125 mi.) Sat. January 8, 2005

300km (180 mi.) Sat. February 5, 2005

400km (250 mi.) Sat. & Sun. March 5 & 6, 2005

600km (375 mi.) Sat. & Sun. April 2 & 3, 2005

# Membership Application

Please Print Clearly and Read Completely

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail \_\_\_\_\_

\_\_\_\_\_ New Member

\_\_\_\_\_ Renewing Member

\_\_\_\_\_ Family Membership: \$20

Spouse's Name: \_\_\_\_\_

\_\_\_\_\_ Single Membership: \$15

Membership is for the calendar year. Membership applications dated through October remain in effect until the end of the year. Applications dated November and December remain in effect through the following year.

## RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in Caloosa Riders (Club) sponsored Bicycling Activities (Activity) I myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (RISKS); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE RELEASEES NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the League of American Bicyclists, their respective administrators, directors, agents, officers, volunteers, and employees, and other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the releasees herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY NEGLIGENCE OF THE releasees OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or any-one on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such a claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTANDING ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Member's Signature \_\_\_\_\_

If Family Membership, Spouse's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Make checks payable to Caloosa Riders

Mail to: **Caloosa Riders**  
P.O. Box 870  
Fort Myers, FL 33902

Benefits of membership... • Newsletter • Discounts • Club Meetings • Free Classifieds

# Members ... For Your Information

- 1. If you change your address, phone number or e-mail address, give the information to Millie Mitchell, Membership Chairperson. Her e-mail address is milimitchell@att.net. Phone: 239-549-1366.
- 2. The deadline for the next newsletter is December 15. The editor eagerly welcomes articles by members.
- 3. The meeting date for November is Thursday, November 18. The Christmas Party is December 4. See the article on page 3.
- 4. The maps for all the rides can be downloaded from the website ([www.caloosariders.com](http://www.caloosariders.com)).
- 5. Welcome our newest members: David Baty, Norma and David Colver and Robert Stewart.

## For Sale

- Benotto Bicycle. Like New condition. 52 cm, 12 speed Shimano with down-tube shifters. \$200.00 negotiable. Call Biagio at 542-0142
- Almost new X-port bike rack for use in a pick-up truck. \$25.00. Call Rich at 481-6999.



P.O. Box 870

Ft. Myers, FL 33902

**This is your last issue if you have not paid your 2005 dues**